



GKR KARATE
KARATE FOR EVERYONE

CENTRAL REGIONAL TOURNAMENT

CANNOCK CHASE LEISURE CENTRE
Stafford Road
Cannock
WS11 4AL

SATURDAY 17 JUNE 2023

Check-In: 7.45-8.30am

Tournament begins: 8.45am

Competitor Entry Fees: First event £18, £8 each subsequent event

Spectators: Adult £5, Child £3 (Family Pass £12)

To be paid on the day (Under 5 Free)

Closing date for entries: Friday 9th June 2023

(No late entries will be accepted)

NO ENTRIES WILL BE ACCEPTED ON THE DAY

All fees are strictly non refundable

Competitors Safety Equipment Is Compulsory For Kumite

Gloves and Shin Guards (IGKF/WKF approved only).

Either red or blue is acceptable, except in Open divisions where competitors will require both colours.

Mouth Guards must be worn by all competitors.

Groin Guards are compulsory for all male competitors.

Chest Guards are compulsory for all female competitors 12 yrs+.

NB: 1. Competitor to keep this page for tournament details.
2. Competitor must hand in entry form along with fees to instructor.