



GKR KARATE
KARATE FOR EVERYONE

Sunshine Coast Region 24

Regional Manager/Senior Instructor

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May 2025 Class Timetable

DOJO	ADDRESS	MON	TUE	WED	THU	FRI	SAT	SUN
BIRTINYA PRIME	FULL TIME DOJO 5/10 Capital Place Birtinya	4.00-4:45pm KIDS CLUB 5.00-5:45pm White, Yellow & Orange Belts 6.00-7:15pm ALL GRADES 7:15-8:15pm KATA CLASS	4.00-4:45pm KIDS CLUB 5.00-5:45pm White, Yellow & Orange Belts 6.00-7.00pm ALL GRADES	4.00-4:45pm KIDS CLUB 5.00-5:45pm White, Yellow & Orange Belts 6.00-7.00pm ALL GRADES	6.00-7.00pm ALL AGES ALL GRADES	5.00-5:45pm White, Yellow & Orange Belts	9.00-10.00am KIDS CLUB 10.30-11.30am ALL AGES ALL GRADES 11.30am-12.00pm KATA ONLY ALL AGES	For details about special events and class updates Follow us on Facebook @gkrkarateregion24australia
BRIBIE ISLAND	Bribie Island Lions Club Hall (near Water Tower) Sunderland Drive	6:15-7:15pm ALL AGES ALL GRADES						
CABOOLTURE	Caboolture State High School Sports Performing Centre Lee Street Gate 7	5:15-6:15pm 6:30-7:30pm		6:30-8.00pm ALL AGES ALL GRADES	6.00-7.00pm ALL AGES ALL GRADES		9.00-10.00am KIDS CLUB 10:30-12.00PM ALL AGES ALL GRADES	
DECEPTION BAY	Christ the King School 54 Thompson Road				6.00-7.00pm ALL AGES ALL GRADES		9.00-10:30am ALL AGES ALL GRADES	
MORAYFIELD	Morayfield High School Aireal Crescent					5.30-6.15pm 6.30-7.30pm		
NORTH LAKES 1	North Lakes State College Sports Stadium Innovation Place Carpark Off Memorial Dr		4:30-5:30pm KIDS CLUB 5:45-6:45pm ALL AGES ALL GRADES					
NORTH LAKES 2	North Lakes State College Sports Hall Cnr of The Corso & Endeavour Blvd					6.00-7.00pm ALL AGES ALL GRADES		
SENSEI CLASS (Invitation only)	Birtinya Prime Dojo except on the 1st & 3rd Thursday of the month when it is held at the the Caboolture Dojo		7:15-8:45pm		7:15-8:45pm			
BLACK BELT CLUB	Birtinya Prime Dojo 1 st Kyu by invitation		6.00-7.00pm					