



GKR KARATE CAMERON PARK DOJO

# TIMETABLE

**CONTACT US**  
**CHERIE (Regional Manager)**  
**PH: 0421 555 462**

SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>YOJI (3-5yrs)</b>		4.15pm - 4.45pm		4.15pm - 4.45pm		10am - 11am ALL GRADES, 5YRS+
<b>KIDS &amp; FAMILIES (BEGINNER)</b>	5.00pm - 5.45pm	5.00pm - 5.45pm	5.00pm - 5.45pm	5.00pm - 5.45pm	5.00pm - 5.45pm	* OUR WEEKEND CLASSES ARE OPEN TO ALL GRADES AGED 5YRS AND OLDER
<b>ADULTS &amp; ADVANCED CHILDREN</b>	6.00pm - 7.00pm	6.00pm - 7.00pm	6.00pm - 7.00pm	6.00pm - 7.00pm	6.00pm - 7.00pm TOURNAMENT SQUAD	
<b>SPECIAL CLASSES</b>				7.30pm - 9.00pm SENIOR TRAINING	6.45pm - 7.45pm ADVANCED SQUAD	

- Child 3 - 5yrs old = **4.15PM YOJI CLASS**
- 5 - 12yrs child or family training together (white to Green belt) = **5PM CLASS**
- 5 - 12yrs child or family training together (Blue to Red belt) = **6PM CLASS (MON TO THU)**
- Adults & Teenagers 13yrs or older = **6PM CLASS (MON TO THU)**
- Brown Belts, Black Belts & Instructors = **THU 7.30PM (Also: THU 6PM for Under 16yrs Brown Belts)**
- Tournament Training = **FRI 6.00PM**



 **SCAN HERE TO VISIT OUR FACEBOOK PAGE...**