



GKR KARATE BERESFIELD DOJO

# TIMETABLE

**CONTACT US**

RENAE (Beresfield Dojo Manager): 0452 511 640  
 CHERIE (Regional Manager): 0421 555 462

SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>YOJI (3-5yrs)</b>	4.15pm - 4.45pm		4.15pm - 4.45pm		
<b>KIDS &amp; FAMILIES (BEGINNER)</b>	5.00pm - 5.45pm	5.00pm - 5.45pm	5.00pm - 5.45pm	5.00pm - 5.45pm	5.00pm - 5.45pm
<b>ADULTS &amp; ADVANCED CHILDREN</b>	6.00pm - 7.00pm	6.00pm - 7.00pm	6.00pm - 7.00pm	6.00pm - 7.00pm	6.00pm - 7.00pm
<b>SPECIAL CLASSES</b>		7.30pm - 9.00pm SENIOR TRAINING	7.30pm - 8.30pm BROWN BELT CLASS		

- Child 3 - 5yrs old = **4.15PM YOJI CLASS**
- 5 - 12yrs child or family training together (white to Green belt) = **5PM CLASS**
- 5 - 12yrs child or family training together (Blue to Red belt) = **6PM CLASS (MON TO THU)**
- Adults & Teenagers 13yrs or older = **6PM CLASS (MON TO THU)**
- Brown Belts, Black Belts & Instructors = **TUE 7.30PM**
- Blue, Red & Brown Belts = **WED 7.30PM**



 **SCAN HERE TO VISIT  
OUR FACEBOOK PAGE...**