

## Narellan Dojo Current effective as 08/04/24

## CLASS TIMETABLE

SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Yojis 3-4yrs	3:45-4:15pm	3:45-4:15pm 4:30 -5:00pm	3:45-4:15pm	3:45-4:15pm	9:30-10:00am	8:45-9:15am 9:30-10:00am	
Kids Only 5-10yrs (White Belt Kihon) (Yellow - Orange Belts Kata/ Kata / Kumite)	4:30 - 5:15pm Kihon 4:30 - 5:15pm Kata/Kumite	4:30 - 5:15pm	4:30 - 5:15pm	4:30 - 5:15pm	4:30 - 5:15pm Kata/Kumite		
Family Class 5yrs+ All Grades	5:30 - 6:15pm	5:30 - 6:15pm	5:30 - 6:15pm	5:30 - 6:15pm 5:30 – 6:15pm (Kata/Kumite)	5:30 - 6:30pm 5:30 - 6:30pm (5-12yrs Kumite)	8:30-9:30am (5yrs + All Grades)	9:00-10:30am (5yrs+ AllGrades)
Green Belt + All Ages 13yrs + All Grades	6:30 -7:30pm		6:30 - 7:30pm	6:30 - 7:15pm	6:30 - 7:30pm		
Specialised Karate Classes	6:30-8:00pm Kumite		7:30 - 8:30pm 13+ All Grades		6:30 -8:00pm Kata	9:45-10:45am (Kata/Kumite)	
Advanced Classes		6:15-7:15pm (Blue Belt +)		6:30-7:45pm (Blue Belt +) 7:30 - 9:00pm (Brown Belt +)			



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