

GLASS TIMETABLE

PYMBLE PRIME DOJO 20 Bridge St, Pymble Corporate Centre, Building 1

SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Yoji's 3-4yrs			4.15 – 4.45pm				8.30 – 9.00am
Karate Kids 5-10yrs 8 th – 6 th kyu (white to green)	5.00 - 5.45pm	COMING SOON	5.00 – 5.45pm	<mark>New Class</mark> 5.00 – 5.45pm	5.00 – 5.45pm		
Family Class 5yrs+	6.00 – 6.50pm	6.00 - 6.50pm	6.00 - 6.50pm	6.00 - 6.50pm	6.00 – 6.50pm	9.00 - 9.50am	9.00 - 9.50am
13yrs+	7.00 – 7.55pm	7.00 – 8.00pm	7.00 – 8.00pm	Open Mat 7.00-7.30pm	Tournament Class 7.00 – 8.00pm	7 th kyu Orange+ 10.00 - 11.00am All Ages	New Class 7 th kyu Orange+ 10.00 - 11.00am All Ages
Special Classes	New Class 8.00 – 9.00pm 5 th kyu+	Frenchs Forest Prime 1a/4-6 Aquatic Dr Senior Class 3 rd kyu+ 7.30 – 9.00pm		Senior Class <mark>3rd kyu+</mark> 7.30 – 9.00pm	On the 3 rd Friday of each month we have National Squad training 7.00-8.30pm \$20pp	Once a month before the regional gradings we have black belt class 11.15am – 12.45pm	

GKRKarateRegion1Australia

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