



CLASS TIMETABLE

FRENCHS FOREST PRIME
1a/4-6 Aquatic Dr, Frenchs Forest

SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Yoji's 3-4yrs	4.15 – 4.45pm		4.15 – 4.45pm	4.15 - 4.45pm			
Karate Kids 5-10yrs White to green belt	5.00 - 5.45pm	5.00 – 5.45pm	5.00 – 5.45pm	5.00 - 5.45pm			
Family Class 5yrs+	6.00 – 6.50pm	6.00 - 6.50pm	6.00 - 6.50pm	6.00 - 6.50pm	6.00 - 6.50pm	9.00 - 9.50am	9.00 - 9.50am
13yrs+	7.00 - 8.15pm	Open Mat Practise 7.00 – 7.30pm			New Class 7.00 - 8.00pm	Kata Class 10.00 - 10.50am 8 th kyu (yellow) + 7 yrs & above	Kumite Class 10.00 - 10.50am 8 th kyu (yellow) + 7 yrs & above
Special Classes		Senior Class 3 rd kyu+ 7.30 – 9.00pm 13yrs+				Black Belt Class 11.15am – 12.45pm Every 2 nd month before regional grading	

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