



HEDNESFORD PRIME

CLASS TIMETABLE

SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Yoji (3-5 Yrs)	Coming Soon!	Coming Soon!	Coming Soon!	Coming Soon!	Coming Soon!	Coming Soon	Coming Soon!
Beginners			6.00 - 7.00pm			10.00 - 11.00am	
Open Class	6.00 - 7.00pm		7.30 – 8.30pm (16+ Only)		6.00 - 7.00pm	11.30 - 12.30pm	2.00 – 4.30pm Kata & Kumite Except 4 th Sunday
Intermediate	7.30 - 8.30pm				7.30 - 8.30pm		
Advanced	7.30 - 8.30pm				7.30 - 8.30pm		

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