



HILLCREST PRIME

CLASS TIMETABLE

Unit 7 / 2-6 Central Court
Hillcrest QLD 4118

29/06/2023

| SESSION | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------------------|--|---------------|---------------|---------------|---|-----------------|----------------|
| YŌJIS 3-4 Yrs | 4.00 - 4.45pm | 4.00 - 4.45pm | 4.00 - 4.45pm | 4.00 - 4.45pm | 4.00 - 4.45pm | 9.00 - 9:30am | |
| Family/All Ages 5+ | 5.00 - 6.00pm | 5.00 - 6.00pm | 5.00 - 6.00pm | 5.00 - 6.00pm | 5.00 - 6.00pm | 9.30 - 10.30am | 8.30 - 9.30am |
| Family/All Ages 5+ | 6.15 - 7.15pm | 6.15 - 7.15pm | 6.15 - 7.15pm | 6.15 - 7.15pm | 6.15 - 7.15pm | 10.30 - 11.30am | 9.45 - 10.45am |
| Advanced Classes | 7.30 - 8.30pm (5 th Kyu Blue Belt +) | | | | 7.30 - 8.30pm (Kata class 8 th Kyu +) | | |

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General: Yoji Classes are for 3 4 yrs of age only. All other classes 5yrs
You are welcome to train at any of the locations on this timetable.
Normal Training sessions and gradings continue throughout school and public holidays except Christmas / New Year.

Gradings: Gradings take place on the 2nd Sunday of every month. Please check with your local instructor for location and times.

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