



# GKR KARATE

KARATE FOR EVERYONE

## Brisbane Region 10 Timetable

[www.gkrkarate.com](http://www.gkrkarate.com)

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<p><b><u>EIGHT MILE PLAINS</u></b> Warrigal Rd State School</p> <p>Wed 6:30 - 8 pm Sat 10.30 - 12 noon</p>	<p><b><u>ALGESTER</u></b> Algester State School Ridgewood Rd.</p> <p>Fri 4:30 - 5:30pm</p>	<p><b><u>SUNNYBANK</u></b> Sunnybank High School Gager St</p> <p>Thurs 6 - 7pm</p>	<p><b><u>GRACEVILLE</u></b> Graceville Primary Sch Acacia Ave</p> <p>Mon 6.30 - 8pm</p>	<p><b><u>SPRINGFIELD LAKES</u></b> Springfield Lakes S/S Springfield Lakes Blvd</p> <p>Fri 6.30 - 8pm Sat 9 - 10.30am Sun 9 - 10.30am</p>
<p><b><u>FOREST LAKE</u></b> Forest Lake S/School Kauri Place</p> <p>Mon 6:30 - 8pm Wed 6:30 - 8pm</p>	<p><b><u>FLAGSTONE</u></b> Flagstone State Community College Carpark off - Poinciana Drv</p> <p>Mon 6 - 7:30pm</p>	<p><b><u>BELLBIRD PARK</u></b> Kruger State School Kruger Parade</p> <p>Thu 6 - 7:30pm</p>	<p><b><u>SILKSTONE</u></b> Silkstone State School Molloy St (parking Prospect St)</p> <p>Mon 6 - 7.30pm Wed 6 - 7.30pm Fri 6 - 7.30pm</p>	<p><b><u>BRASSALL</u></b> Ipswich High School Hall Enter from Hunter St</p> <p>Mon 6.30 - 8pm</p>
<p><b><u>YAMANTO</u></b> Amberley District State School, Deebing Creek Rd, Yamanto</p> <p>Tue 6.30 - 8pm</p>	<p><b><u>NORTH IPSWICH</u></b> Churchill S/S Brisbane St</p> <p>Sat 9:30 - 11am</p>	<p><b><u>WINDAROO</u></b> Windaroo Valley H/S Beaudesert-Beenleigh Rd Gymnasium</p> <p>Thurs 6.30 - 8pm</p>	<p><b><u>LOGAN VILLAGE</u></b> Logan Village Lions Community Hall Wharf St (parking at rear)</p> <p>Wed 6 - 7:30pm</p>	<p><b><u>LOGAN CENTRAL</u></b> Woodridge State H/S Wembley Rd</p> <p>Mon 6 - 7.30pm Wed 6 - 7.30pm</p>
<p><b><u>LOGANLEA</u></b> Loganlea High School Neridah Rd</p> <p>Tue 6.30 - 8.00pm</p>		<p><i>Young children need only attend the first hour of any class but are most welcome to stay the full session if they wish.</i></p>		<p>A Yoji Class is for children aged 3-4 yrs specifically.</p>
<p><b><u>Hillcrest Prime</u></b> Unit 7/2-6 Central Crt Hillcrest</p>	<p>Mon:- 4 - 4:45pm (Yoji) 5 - 6pm 6:15 - 7:15pm  7:30 - 8:30pm (Advanced Blue Belt + )</p>	<p>Tue:- 4 - 4:45pm (Yoji) 5 - 6pm 6:15 - 7:15pm</p>	<p>Wed:- 4 - 4:45pm (Yoji) 5 - 6pm 6:15 - 7:15pm</p>	<p>Thu:- 4 - 4:45pm (Yoji) 5 - 6pm 6:15 - 7:15pm</p>
	<p>Fri:- 4 - 4:45pm (Yoji) 5 - 6pm 6:15 - 7:15pm 7:30 - 8:30pm (Kata Class Yellow Belt + )</p>	<p>Sat:- 9 - 9:30am (Yoji) 9:30 - 10:30am 10:30 - 11:30am</p>	<p>Sun:- 8:30 - 9:30am 9:45 - 10:45am</p>	

### General Information Sheet: Classes, Gradings and Locations

1 January 2024

- **Yoji Classes:** For ages 3 - 4yr old only, all other classes 5yrs +
  - **Normal training and gradings continue throughout all Public and School Holidays except Christmas.**
  - **Grading:** Upon joining, see your instructor about setting a date for your first grading (Yellow Tip) 9th Kyu. This grading is FREE and is done as part of a normal class. All following gradings, are \$45.00 for 8th - 5th Kyu, \$55 for for 4th - 1st Kyu. This does *not* include the belt. Gradings take place on the **Second** Sunday of every month at Marsden High School Sports Centre 10am to 12noon. A Grading Slip is required to attend.
  - Available 20 minutes before the start of every class there will be an introductory meeting with your instructor.
- Please Note:** You are welcome to attend any of the above classes.

**Turn your hobby into a Career!**  
**Train and get paid - Full Time or Part Time.**  
 Ph/SMS: 0450011620 or E: ktrembath@gkrkarate.com

