



HEATHMONT PRIME CLASS TIMETABLE

Effective From
January 29, 2024

SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Yoji's (3-4yrs)	4.15 - 4.45pm	4.15 - 4.45pm	4.15 - 4.45pm		4.15 - 4.45pm	11.15 - 11.45am	
Kids Class (5-12yrs) All Grades	4.15 - 5.00pm 5.15 - 6.00pm	4.15 - 5.00pm	4.15 - 5.00pm 5.15 - 6.00pm	4.15 - 5.00pm	4.15 - 5.00pm 5.15 - 6.00pm	11.15 - 12.00am	9.30 - 10.15am
Kids Class Advanced		Junior Development Squad INVITE ONLY 5.15 - 6.00pm Under 16yo Orange belt +		Junior Development Squad INVITE ONLY 5.15 - 6.00pm Under 16yo Orange belt +			
Family Class All Grades	6.00 - 7.00pm 7.00 - 8.00pm	6.00 - 7.00pm	6.00 - 7.30pm 7.00 - 8.00pm	6.00 - 7.30pm	6.00 - 7.30pm	12.00 - 1.00pm	10.30 - 11.30am
Family Class Advanced	7.30 - 9.00pm Green Belt+	7.00 - 9.00pm Green Belt+		7.00 - 8.00pm Kata Class Green Belt+		9.00 - 11.00am 1st Kyu+	
Specialty Class			8.00 - 9.30pm Senior Class Invite Only	8.15 - 9.30pm Senior Class Invite Only			6.00 - 8.00pm Red belt+

 GKR Karate Heathmont Prime, Melbourne

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KARATE FOR EVERYONE