








GKR KARATE PRIME

BENDIGO TIMETABLE

157 McCrae St Bendigo

MONDAY							TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Children > Adults > Families > All welcome																		
5 - 5.45pm Kids 5 - 10yrs			5 - 5.45pm Kids 5 - 10yrs						5 - 5.45PM Kids 5 - 10yrs									
6 - 7PM			6 - 6.45PM			6 - 6.45PM			6 - 6.45PM			6 - 6.45PM			10 - 10.45AM BEGINNERS			
			Advanced Training By Invitation Only			7.00 - 8.00PM			7.00 - 8.00PM			7.00 - 8.00PM			11.00AM - 12.00PM COLORED BELTS			
KIDS ONLY . 5 TO 10 YEARS OF AGE									5 - 5.45PM WEEK DAYS									
BEGINNERS 11 YEARS AND UP & BEGINNER FAMILIES									6 - 6.45PM WEEK DAYS									
COLOR BELTS ALL AGES & ADULT BEGINNERS									7 - 8PM WEEK DAY S									
GRADINGS																		

 GKR Karate Region 26 Geelong, Ballarat, Bendigo, Wyndham	 Region26au@gkrkarate.com
 www.gkrkarate.com	 Senior Instructors > Luke 0450 011 654

Classes will continue to run throughout school and public holidays, however please check with your branch Instructor for any changes to class times.