



GKRR KARATE

KARATE FOR EVERYONE

GKR Northern UK Regional Titles

Saturday 17th September 2022

Another great tournament held in the North of the UK. This time the Qualifiers for the National Championships. Special thanks to all who turned up early to help get the venue ready for the day's events. You did a great job!

With over 170 competitors this was one of the largest attended tournaments in recent years. The passion for tournaments was noticeable in the eyes of everyone that attended.

Before we held our first events Sensei Karl Hughes, our Northern Zone Senior Instructor, awarded some of our hard working officials with higher levels in refereeing & judging. Recognising their dedication and commitment to helping us run these tournaments and testament to their own improvements in skill. Well done to all of you!

On to the events - the standard in the room was brilliant and we started the competition with our younger and newer students showing their skills, many for the first time.

The day finished with Junior & Senior Open divisions and Team events. These events were very closely contested and the standard was exceptional. The atmosphere in the room was great with spectators and fellow karate-ka cheering on while the top students in the North of the UK displayed some outstanding Karate, etiquette and camaraderie all in the spirit of Karate-Do.

Here are some social media posts about the event....

'Best day ever and a brilliant 18th birthday present (same weekend)!!' – Joseph Brown

'I think that was the best I've ever done in kumite, in the Opens. Probably the closest I've come to winning a medal' 🥳 – Leon Darley

Judging by today's very successful event the National Championships in November is going to be fantastic! Let's keep that focus and training dedication going and represent the Northern Zone to the best of our abilities.

Remember, we're the #championfactory

Sensei James Gabbitas & Sensei John Daniels
Tournament Co-ordinators



JUNIORS

KATA

KUMITE

7yrs & Under 8-7th Kyu Combined

GOLD	Mia Stevenson
SILVER	Mauricio Davis
BRONZE	Kacper Urban

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SILVER	Mia Stevenson
BRONZE	Kacper Urban

7yrs & Under 6-4th Kyu Combined

GOLD	Ashba Gul
SILVER	Jenson Barton
BRONZE	Lana Ryder

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SILVER	Lana Ryder
BRONZE	Ashba Gul

8-9 Yrs 8-7th Kyu Male

GOLD	Joshua Hannay
SILVER	Daniel Williams
BRONZE	Dexter Whiting

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SILVER	Joshua Hannay
BRONZE	Xander Dring

8-9 Yrs 8-7th Kyu Female

GOLD	Thea Ryder
SILVER	Emilie Rutter
BRONZE	Lexi Messenger

GOLD	Thea Ryder
SILVER	Alicia Stow
BRONZE	Lexi Messenger

8-9 Yrs 6-4th Kyu Male

GOLD	Oscar Hill
SILVER	Riley Walmsley
BRONZE	Mohammad Sheikh

GOLD	Oscar Hill
SILVER	Riley Walmsley
BRONZE	Adam Butt

8-9 Yrs 6-4th Kyu Female

GOLD	Palvasha Gul
SILVER	Khandi Moore
BRONZE	Emily Mudd

GOLD	Palvasha Gul
SILVER	Emily Mudd
BRONZE	Khandi Moore

10-11 Yrs 8-7th Kyu Male

GOLD	Lucas Foster
SILVER	Oliver Goodall
BRONZE	Theo Nicholson

GOLD	Rhys Cowley
SILVER	Liam Atkinson
BRONZE	Nicolas Ahmadi

10-11 Yrs 6-4th Kyu Male

GOLD	Alfonse Colley
SILVER	Dale Robson
BRONZE	Tristan Ledger

GOLD	Alfonse Colley
SILVER	Tom Hughes
BRONZE	Peter Prelaj

KATA**KUMITE****10-11 Yrs 6-4th Kyu Female**

GOLD	Olivia Pike
SILVER	Kobeymay Crow
BRONZE	Azalfah Gul

GOLD	Kobeymay Crow
SILVER	Neveah Taylor
BRONZE	Azalfah Gul

10-11 Yrs 3rd Kyu and above Male

GOLD	Tom Linter
SILVER	Finley Lofthouse
BRONZE	

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SILVER	Finley Lofthouse
BRONZE	

12-13 Yrs 8-7th Kyu Male

GOLD	Kacper Lewandowski
SILVER	Mohammad Hassan
BRONZE	Dominic North

GOLD	Kacper Lewandowski
SILVER	Dominic North
BRONZE	Cameron Mills

12-13 Yrs 8-7th Kyu Female

GOLD	Natasza Malyszek
SILVER	Lia Dennis
BRONZE	Jennah Shields

GOLD	
SILVER	
BRONZE	

12-13 Yrs 6-4th Kyu Male

GOLD	Leila Speed
SILVER	Jake Walker
BRONZE	Declan Considine

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SILVER	Jake Walker
BRONZE	Declan Considine

12-13 Yrs 3rd Kyu and above Male

GOLD	Alex Hedley
SILVER	Luke Wood
BRONZE	Benjamin Wilkinson

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SILVER	Alex Hedley
BRONZE	Luke Wood

12-13 Yrs 3rd Kyu and above Female

GOLD	Amelija Gratkauskaitė
SILVER	Athena Nismal
BRONZE	Olivia Driver

GOLD	Olivia Driver
SILVER	Amelija Gratkauskaitė
BRONZE	Athena Nismal

14-15 Yrs 6-4th Kyu Male

GOLD	Dylan O'Doherty
SILVER	Niko Warner-Witter
BRONZE	Kaden Brooks

GOLD	Dylan O'Doherty
SILVER	Subhaan Ghafoor
BRONZE	Kaden Brooks

KATA**KUMITE****14-15 Yrs 6-4th Kyu Female**

GOLD	Denisa Noroc
SILVER	Eve Lofthouse
BRONZE	

GOLD	Denisa Noroc
SILVER	Leanne Powell
BRONZE	Eve Lofthouse

14-15 Yrs 3-1st Kyu Male

GOLD	Deacon Mackie
SILVER	Jaeden Lee
BRONZE	Charlie Duffy

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SILVER	Charlie Duffy
BRONZE	Jaeden Lee

14-15 Yrs 3-1st kyu Female

GOLD	Louise Nismal
SILVER	Samantha Thorpe
BRONZE	

GOLD	
SILVER	
BRONZE	

16-17 Yrs 6-4th Kyu Male

GOLD	Joshua Whiles
SILVER	Jason Lewis
BRONZE	

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SILVER	Jason Lewis
BRONZE	

16-17 Yrs 6-4th Kyu Female

GOLD	Samantha Thorpe
SILVER	Lilly O'Neill
BRONZE	

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SILVER	Lilly O'Neill
BRONZE	

16-17 Yrs 3-1st Kyu Male

GOLD	Asad Arfad
SILVER	TJ Parkinson
BRONZE	Ethan Ng

GOLD	Sam Chin
SILVER	Ethan Ng
BRONZE	TJ Parkinson

16-17 Yrs 3-1st Kyu Female

GOLD	Caitlyn Shooter
SILVER	Lianne Nismal
BRONZE	Isobelle Hansard

GOLD	Caitlyn Shooter
SILVER	Samantha Thorpe
BRONZE	Lianne Nismal

JUNIOR OPEN FEMALE (14-17 YRS)

GOLD	Macy Bulman
SILVER	Myleece Quirke
BRONZE	

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SILVER	Myleece Quirke
BRONZE	

SENIORS

KATA

KUMITE

18-34 Yrs Incl. 8-7th Kyu Male

GOLD	Anthony Barton
SILVER	Zihao Xu
BRONZE	Sammy Mercer

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SILVER	Zihao Xu
BRONZE	Sammy Mercer

18-34 Yrs Incl. 8-7th Kyu Female

GOLD	Abigail Adams
SILVER	Gemma Thomson-Royle
BRONZE	

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SILVER	Abigail Adams
BRONZE	

18-34 Yrs Incl. 6-4th Kyu Male

GOLD	Anudeep Ayinaparthi
SILVER	Joseph Brown
BRONZE	

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SILVER	Anudeep Ayinaparthi
BRONZE	

18-34 Yrs Incl. 6-4th Kyu Female

GOLD	Robyn Asbury
SILVER	Manahil Nisar Kharum
BRONZE	Jodie Bexon

GOLD	Robyn Asbury
SILVER	Jasmine Chadwick
BRONZE	Sarah Perterson

18-34 Yrs Incl. 3rd Kyu and Above Male

GOLD	Scott Woolford
SILVER	Liam Whitby
BRONZE	Nathan Lovejoy

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SILVER	Nathan Lovejoy
BRONZE	Joshua Marsden

18-34 Yrs Incl. 3rd Kyu and Above Female

GOLD	Rebecca Brown
SILVER	Ellen Hansard
BRONZE	Elise Norris

GOLD	Ellen Hansard
SILVER	Elise Norris
BRONZE	Hifzah Arfid

KATA**KUMITE****Instructor Male**

GOLD	Conrad Lewthwaite
SILVER	Mark Powell
BRONZE	Robert Rickerby

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SILVER	Robert Rickerby
BRONZE	Mark Powell

Open Black Belt Male (18 Yrs & Over)

GOLD	Dean George
SILVER	Michael Davison
BRONZE	James Hulley

GOLD	Dean George
SILVER	Michael Davison
BRONZE	Dominic Bland

Open Black Belt Female (18 Yrs & Over)

GOLD	Emma Young
SILVER	Alexia Holland-Pass
BRONZE	Kate Denny

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SILVER	Kate Denny
BRONZE	Emma Young

VETERANS

KATA

KUMITE

Veteran (35-44 Yrs Incl.) 8-7th Kyu Male

GOLD	Pawel Malyszczek
SILVER	Michael Mackenzie
BRONZE	Dean Messenger

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SILVER	Pawel Malyszczek
BRONZE	Dean Messenger

Veteran (35-44 Yrs Incl.) 8-7th Kyu Female

GOLD	Vicky Straw
SILVER	Olivia Whiting
BRONZE	Gill Nall

GOLD	Vicky Straw
SILVER	Gill Nall
BRONZE	

Veteran (35-44 Yrs Incl.) 6-4th Kyu Male

GOLD	Paul Magee
SILVER	Mark Walker
BRONZE	Daniel Ryder

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SILVER	Daniel Ryder
BRONZE	Stephen Brown

Veteran (35-44 Yrs Incl.) 3rd Kyu and Above Male

GOLD	Pete Lofthouse
SILVER	Mike Norton
BRONZE	

GOLD	
SILVER	
BRONZE	

Snr Veteran (45-54 Yrs Incl.) 8-7th Kyu Male

GOLD	Pete Marsh
SILVER	Shams Khan
BRONZE	

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SILVER	Shams Khan
BRONZE	

Snr Veteran (45-54 Yrs Incl.) 3rd Kyu and Above Male

GOLD	Donald Stone
SILVER	Andrew Vincent
BRONZE	Andrew Murphy

GOLD	Andrew Vincent
SILVER	Donald Stone
BRONZE	Paul Chin

Snr Veteran (45-54 Yrs Incl.) 3rd Kyu and Above Female

GOLD	Yvonne Smith
SILVER	Ruth Greenhough
BRONZE	Heidi Hanes

GOLD	Heidi Hanes
SILVER	Yvonne Smith
BRONZE	Sally Horrocks

Snr Veteran (55 Yrs Plus) 6-4th Kyu Male

GOLD	Paul Roberts
SILVER	Alistair Rowell
BRONZE	

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SILVER	Paul Roberts
BRONZE	

KATA**KUMITE****Snr Veteran (55 Yrs Plus) 6-4th Kyu Female**

GOLD	Helen McKnight
SILVER	Rachel Sengendo
BRONZE	

GOLD	
SILVER	
BRONZE	

Snr Veteran (55 Yrs Plus) 3rd Kyu and Above Male

GOLD	Corence Mwalisuku
SILVER	John Fieldsend
BRONZE	John Ward

GOLD	Corence Mwalisuku
SILVER	Andre Scott
BRONZE	Karl Tempest

Snr Veteran (55 Yrs Plus) 3rd Kyu and Above Female

GOLD	Karon Foulkes
SILVER	Liz Svenson
BRONZE	Sally Holmes

GOLD	Karon Foulkes
SILVER	Kate Baucherel
BRONZE	Chris Svenson

TEAMS

KATA

KUMITE

Senior Team Male (18 Yrs Plus)

GOLD	James Hulley
	Liam Whitby
	Pete Lofthouse

GOLD	Dean George
	Michael Davison
	Dominic Bland

SILVER	Stephen Brown
	Shams Khan
	Anudeep Ayunaparthi

SILVER	James Hulley
	Liam Whitby
	Corence Mwalisuku

BRONZE	

BRONZE	Paul Magee
	Pete Marsh
	Steve Valentine

Senior Team Female (18 Yrs Plus)

GOLD	Amy Willis
	Yvonne Smith
	Kim Stevenson

GOLD	Steph Dawes
	Vicki Bland
	Jaz Chadwick

SILVER	Steph Dawes
	Vicki Bland
	Jaz Chadwick

SILVER	Manahil Nisar Kharnum
	Mariana Stoiculer
	Robyn Asbury

BRONZE	Sally Holmes
	Karon Foulkes
	Heidi Hanes

BRONZE	

Junior Teams

GOLD	Lianne Nismal
	Louise Nismal
	Athena Nismal

GOLD	Dylan O'Doherty
	Charlie Duffy
	Subhaan Ghafoor

SILVER	Tom Linter
	Luke Wood
	Finley Lofthouse

SILVER	

BRONZE	

BRONZE	