



**GKR KARATE**  
KARATE FOR EVERYONE

**Central Regional Tournament**

**Saturday 5th March**

**Chase Leisure Centre  
Stafford Road, Cannock. WS11 4AL**

**Doors Open 8:00am  
Competitor Bow In 9:00am**

**Competitor Entry Fees:** £15 First Event  
£5 - 2nd Event. £18 per team  
**Spectators:** Adult: £5, Child: £3  
Family (4): £12 Pay at event

**Closing date for entries:  
Friday 25th February. No late entries accepted.**

All fees are strictly non refundable

Competitor Safety Equipment is Compulsory  
Safety Equipment Includes: Gloves & Shin Guards (IGKF/WKF approved only),  
Mouth Guards must be worn by all competitors. Groin Guards for all male competitors  
are compulsory. Chest Guards are compulsory for all female competitors 12 yrs+

**NB:** 1. Competitor to keep this page for tournament details.  
2. Competitor must hand in entry form along with fees  
to Instructor.



Please tick YES or NO to the following questions and statements.  
(If the answer is YES to any of these questions, please give details.)

Do you have any allergies? e.g. aspirin; antibiotics; foods?  YES  NO

Are you taking any form of medication at present?  YES  NO

If yes, please give details: \_\_\_\_\_

\_\_\_\_\_

### DOCTOR'S DETAILS:

1. Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

### EMERGENCY CONTACT DETAILS:

1. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Other No: \_\_\_\_\_

2. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone No: \_\_\_\_\_ Other No: \_\_\_\_\_

### DECLARATION (Delete as applicable)

I / my son / daughter is capable of taking part in the GKR Karate Tournament. I am willing to allow my son/daughter to participate in the above activity and confirm that they will be attending the tournament with/without a parent/guardian/ a nominated person who has agreed to supervise my child. In the event of illness or injury, I agree to authorise members of staff attending/participating in the event to consent on my behalf for an anaesthetic to be administered or any other urgent medical treatment to be given on the advice of a qualified medical practitioner/qualified first-aid officer.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Name (Please print): \_\_\_\_\_

### PAYMENT DETAILS:

Amount: \_\_\_\_\_ Instructor: \_\_\_\_\_ Instructor Signature: \_\_\_\_\_

Please tick one of the following

- I have enclosed my entry fees and entry form in an envelope and handed them to my Instructor
- I have handed my entry form to my Instructor and would like to pay my entry fee by card using the following details

<b>PLEASE CHARGE MY CARD</b>		<input type="checkbox"/> VISA	<input type="checkbox"/> MASTERCARD
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<b>Debit/Credit Card Number</b>		<b>Expiry Date</b>	<b>CVV</b>
Name on Card:	<input type="text"/>	Signature: <input type="text"/>	Date: <input type="text"/> / <input type="text"/> / <input type="text"/>



Complete this entry form in full and return it with payment to your Instructor

**Central Regional Tournament**  
**Saturday 5th March 2022**

<b>Name:</b>	<b>Age:</b> (at time of competition)
<b>Address:</b>	<b>Phone:</b>
<b>Email:</b>	<b>Region:</b>
<b>Dojo:</b>	<b>Karate Grade:</b>

### AGE GROUPS

#### KATA KUMITE

Age Group	Gender	KATA	KUMITE
Up to 7 yr Incl.	Male & Female		
8 to 9 yr Incl.	Male		
8 to 9 yr Incl.	Female		
10 to 11 yr Incl.	Male		
10 to 11 yr Incl.	Female		
12 to 13 yr Incl.	Male		
12 to 13 yr Incl.	Female		
14 to 15 yr Incl.	Male		
14 to 15 yr Incl.	Female		
16 to 17 yr Incl.	Male		
16 to 17 yr Incl.	Female		
Jnr Black Belt Open Male (14 - 17 yrs)*			
Jnr Black Belt Open Female (14 - 17 yrs)*			
18 to 34 yr Incl. Male (up to 1st kyu)			
18 to 34 yr Incl. Female (up to 1st Kyu)			
Open Black Belt Male (18 yrs+)**			
Open Black Belt Female (18 yrs+)**			
35 - 44 yr Incl. Male			
35 - 44 yr Incl. Female			
45 - 54 yr Incl. Male			
45 - 54 yr Incl. Female			
55 yr + Incl. Male			
55 yr + Incl. Female			
Instructors Male			
Instructors Female			

\*14 - 17 yrs Black Belts MUST enter Junior Open Division  
\*\*18 - 34 yrs Black Belts MUST enter Open Division

### TOURNAMENT DECLARATION

- I am aware that participation in martial arts, including non-contact GKR tournaments, as with most sports contains a risk of injury.
- In consideration of my acceptance in the competition, I agree that GKR Karate, it's servants and agents and all persons involved in the organisation of the tournament shall be excluded from liability for loss and damage to the fullest extent permitted by law. I accept that this includes exclusion of liability for negligence (other than for death or personal injury) and all indirect or consequential loss or loss of profits arising from my participation in the tournament.
- Photography and filming. GKR Karate permits the photography and filming of competitors in tournaments. It is a condition for acceptance in the competition that the competitor consents to the occurrence and use by GKR Karate of such photography and filming.

### GRADE DIVISIONS

8th to 7th Kyu	
6th, 5th, 4th Kyu	
3rd kyu & above (13 yrs & under)	
3rd to 1st kyu (14 yrs to 55+ yrs)	
Black Belt (35 yrs & above)	

### TEAM EVENTS

#### Kata

Junior Team Kata 8-4th Kyu (under 18 yrs)	
Junior Team Kata 3rd Kyu + (under 18 yrs)	
Team Kata Male 8-4th Kyu (18+ yrs)	
Team Kata Male 3rd Kyu + (18+ yrs)	
Team Kata Female 8-4th Kyu (18+ yrs)	
Team Kata Female 3rd Kyu + (18+ yrs)	

#### Kumite

Junior Team Kumite Male (14 to 17 yrs)	
Junior Team Kumite Female (14 to 17 yrs)	
Senior Team Kumite Male (18+ yrs)	
Senior Team Kumite Female (18+ yrs)	

### KATA TEAM NAMES

1.
2.
3.

### KUMITE TEAM NAMES

1.
2.
3.

**Please ensure that you have ticked only the boxes relevant to your events and that all of your information is filled out correctly**

**COMPETITOR ENTRY FEES:**  
**£15 First Event, £5 - 2nd Event. £18 per Team**

#### Protective Equipment is Compulsory for Kumite

Gloves & Shin Guards (IGKF/WKF approved only), Mouth Guards must be worn by all competitors. Groin Guards for all male competitors are compulsory. Chest Guards are compulsory for all female competitors from 12 yrs+.

Signature: \_\_\_\_\_

Parent's signature:  
(If under 18 years of age)