



# GKR KARATE

KARATE FOR EVERYONE

<p><b><u>Allington</u></b> Tonbridge Road Methodist Church Tonbridge Road ME16 8JS <b>Fri 7-8.00</b></p>	<p><b><u>Barming</u></b> Tonbridge Road Methodist Church Tonbridge Road ME16 8JS <b>Thur 6-7.00</b></p>	<p><b><u>Borstal</u></b> St.Justus Church The Fairway Rochester ME1 2LT <b>TBC</b></p>	<p><b><u>Chatham</u></b> White Road Comm. Centre, Keyes Avenue ME4 5TH <b>TBC</b></p>	<p><b><u>Cranbrook</u></b> Cranbrook School Waterloo Road TN17 3JD <b>Mon 6.30-7.30</b></p>	<p><b><u>Faversham</u></b> Queen Elizabeth School, Abbey Place ME13 7BQ <b>Thur 6.30-7.30</b></p>
<p><b><u>Gravesend Central</u></b> Temple Hall Trinity Road DA12 1LU <b>Saturday 11-12.00</b></p>	<p><b><u>Leybourne</u></b> Leybourne Village Hall Oxley Shaw Road ME19 5PU <b>Tue 7-8.00</b></p>	<p><b><u>Longfield</u></b> Longfield Academy Main Road DA3 7PH <b>Wed 6.30-7.30</b></p>	<p><b><u>Lordswood</u></b> Church of Christ The King Dove Close ME5 7PX <b>Wed 6-7.00 &amp; 7-8.00</b></p>	<p><b><u>Maidstone</u></b> Shepway Youth Centre Cumberland Avenue ME15 7JN <b>Sun 10.30- 11.30</b></p>	<p><b><u>Rainham</u></b> Rainham Girls School Derwent Way ME8 0BX <b>Mon 6.30-7.30</b></p>
<p><b><u>Rochester</u></b> St. John Fisher Church Maidstone Road Rochester ME1 3EN <b>Mon 6-7.00 &amp; 7-8.00</b></p>	<p><b><u>Sevenoaks</u></b> Sevenoaks Drill Hall Argyle Road Sevenoaks TN13 1HJ <b>TBC</b></p>	<p><b><u>Sittingbourne</u></b> South Avenue Infants School South Avenue ME10 4SU <b>Wed 6.30-7.30</b></p>	<p><b><u>St. Mary's Island</u></b> St Mary's Island Comm. Centre Island Way West ME4 3EP <b>Wed 6.30-7.30 &amp; 7.30-8.30 Sun 11.00-12.00</b></p>	<p><b><u>Strood</u></b> St Francis Church Galahad Avenue ME2 2YS <b>Thurs 6.00-7.00</b></p>	<p><b><u>Swanscombe</u></b> Manor Primary School Keary Rd DA10 0BU <b>Wed 6.30-7.30</b></p>
<p><b><u>Tonbridge North</u></b> Fisher Hall Lyons Crescent TN9 1EY <b>TBC</b></p>	<p><b><u>Tunbridge Wells</u></b> Holden Park Preschool Between 61 &amp; 63 Prospect Road TN4 0EH <b>Wed 7-8.00 Fri 6.45-7.45</b></p>	<p><b><u>West Kingsdown</u></b> West Kingsdown School Fawkham Road TN15 6JP <b>TBC</b></p>	<p><b><u>West Malling</u></b> West Malling Village Hall Norman Road ME19 6RW <b>Sun 10.30-11.30</b></p>	<p><b><u>Next is Black</u></b> West Malling Village Hall Norman Road ME19 6RW <b>TBC</b></p>	

Normal training and grading's continue throughout all Public and School Holidays except for a short break over Christmas.

**Grading:** Upon joining, see your instructor about setting a date for your first grading (Yellow Tip) 9th Kyu. This grading is FREE and is done as part of a normal class. All following gradings, a £20 grading fee applies.

**Please Note:** You are welcome to attend any of the above classes.