



MANCHESTER – REGION 2 CLASS TIMETABLE

DAY	SESSION				
MONDAY	CHORLTON 6:30-7:30 & 7:30-8:30pm Christ Church Hall, Darley Ave West (Over Princess Rd) M202ZD	CHORLTON Seniors 8:30- 9:45pm Christ Church Hall, Darley Ave West (Over Princess Rd) M202ZD	STRETFORD 4:30- 5:30pm Stretford Public Hall, Chester Road (opposite Stretford Mall) M320LG	HYDE 6:30-7:30 & 7:30-8:30pm Rosemount Trinity Methodist Christ Bennett Street SK144SS	
TUESDAY	FALLOWFIELD 6:30- 7:30pm <i>Start to be confirmed</i> Methodist Church Hall, Corner Platt & Hart Rd, M147BU	BRING A Friend Free Trial Class for Friends and Relatives			
WEDNESDAY	STRETFORD 7:30- 8:30PM <i>(Start to be confirmed)</i> Stretford Public Hall, Chester Road (opposite Stretford Mall) M320LG	TIMPERLEY 6:30-7:30 & 7:30-8:30pm Broomwood Centre, Mainwood Road WA157JU	MACCLESFIELD 6:00 – 7:00PM <i>Open from April 2nd</i> Ferman Academy End of Beswick St.t SK118LH	PRESTON 6.45 - 8:15pm Brookfield Primary School Watling St Rd, Ribbleson PR26TU	FAILSWORTH 6:30-7:30 <i>to be confirmed</i> St John's Methodist Church Hall Church St M359JW
THURSDAY	CRUMPSALL 7:00-8:00pm St Matthews Church Hall Cleveland Road M84QU	URMSTON 6:30-7:30 & 7:30-8:30pm Christ Church Hall, Lostock Road (near George Carnell) M410TD	BURNAGE 6:30-7:30 & 7:30-8:30pm Christ Church Hall, Corner Parrs Wood Rd & Fogg Lane M206EE	SALFORD 6:30-7:30 pm Emmanuel Centre, 174 Langworthy Rd M65PN	SALFORD Seniors 7:30-9:00 pm Emmanuel Centre, 174 Langworthy Rd M65PN
FRIDAY	DENTON 6:30-7:30 & 7:30-8:30pm Haughton Green Methodist Church Hall Two Trees Lane M347QL		FOR DEMONSTRATIONS AT PRIMARY SCHOOLS – RING THE NUMBER BELOW		2 + CLASSES A WEEK – KEEPS YOU AT YOUR PEAK!
SATURDAY	SALE 9:30-10:30am (Green Belts & up) 10:45-11:45 (All Grades) Trinity Church Hall, Trinity Road M333ED	CRUMPSALL 2:30-3:30pm St Matthews Church Hall Cleveland Road M84QU	FALLOWFIELD 6:30- 7:30pm <i>(to be confirmed)</i> Methodist Church Hall, Corner Platt & Hart Rd, M147BU	ASHTON UPON MERSEY 10.30-11.30am <i>to be confirmed</i> Salewest Youth Centre Newbury Ave M334QW	
SUNDAY	ASTLEY 10.30am-12:00am Astley Sports College Yew Tree Lane SK165BL				

ARRIVE AT CLASS 15 MINUTES EARLY TO WARM UP AND SIGN IN. UNLIMITED TRAINING WITH YOUR DIRECT DEBIT.
NORMAL GRADINGS AND CLASSES ARE ON THROUGH PUBLIC HOLIDAYS AND SCHOOL HOLIDAYS EXCEPT A SHORT BREAK OVER CHRISTMAS