



REGIONAL TOURNAMENT

Competitor Details

Please tick YES or NO to the following questions and statements.
(If the answer is YES to any of these questions, please give details.)

Do you have any allergies? e.g. aspirin; antibiotics; foods? YES NO

Are you taking any form of medication at present? YES NO

If yes, please give details: _____

DOCTOR'S DETAILS:

1. Name: _____ Phone: _____

Address: _____

EMERGENCY CONTACT DETAILS:

1. Name: _____ Relationship: _____

Phone: _____ Other No: _____

2. Name: _____ Relationship: _____

Phone No: _____ Other No: _____

DECLARATION (Delete as applicable)

I / my son / daughter is capable of taking part in the GKR Karate Tournament. I am willing to allow my son/daughter to participate in the above activity and confirm that they will be attending the tournament with/without a parent/guardian/ a nominated person who has agreed to supervise my child. In the event of illness or injury, I agree to authorise members of staff attending/participating in the event to consent on my behalf for an anaesthetic to be administered or any other urgent medical treatment to be given on the advice of a qualified medical practitioner/qualified first-aid officer.

Signed: _____ Date: _____

Name (Please print): _____



REGIONAL TOURNAMENT

Sunday March 28th

Epping Full Time Dojo

160 Jersey Drive, Epping

Entry Form

Name: _____ Age at time of competition: _____

Address: _____

Country: _____ Phone: _____

Region: _____ Dojo: _____

Email: _____

AGE GROUPS

Up to 7 yr Incl.	Male & Female
8 to 10 yr Inc.	Male & Female
11 -13 yr Incl.	Male
11 -13 yr Incl.	Female
14 - 17 yr Inc	Male
14 - 17 yr Inc	Female
18 - 39 yr Incl.	Male
18 - 39 yr Incl.	Female
40 yrs +	Male
40 yrs +	Female

KATA KUMITE

KATA TEAM EVENTS - TEAM OF 3

<input type="checkbox"/>	Up to 13 yr Inc.	Male & Female
<input type="checkbox"/>	Open Age	Male & Female

• Team Events are open to all grades 8th kyu and above.

TEAM DETAILS List your Team Members here:

1. _____

2. _____

3. _____

GRADE DIVISIONS

8th to 7th Kyu	<input type="checkbox"/>
6th to 4th Kyu	<input type="checkbox"/>
3rd Kyu & Above	<input type="checkbox"/>

KUMITE TEAM EVENTS - TEAM OF 3

<input type="checkbox"/>	Up to 7 yr Inc.	Male & Female
<input type="checkbox"/>	8 to 11 yr Inc.	Male & Female
<input type="checkbox"/>	12 - 15 yr Incl.	Male
<input type="checkbox"/>	12 - 15 yr Incl.	Female
<input type="checkbox"/>	16 years +	Male
<input type="checkbox"/>	16 years +	Female

• Team Events are open to all grades 8th kyu and above.

TEAM DETAILS List your Team Members here:

1. _____

2. _____

3. _____

Please ensure that you have ticked only the boxes relevant to your events and that all of your information is correct.

**ENTRY FEES: FIRST EVENT \$25
\$10 EACH SUBSEQUENT EVENT**

Fee Paid:	
Sensei Sign:	
Sensei Name:	

TOURNAMENT DECLARATION

- I am aware that participation in martial arts, including non-contact GKR tournaments, as with most sports contains a risk of injury.
- In consideration of my acceptance in the competition, I agree that GKR Karate, it's servants and agents and all persons involved in the organisation of the tournament shall be excluded from liability for loss and damage to the fullest extent permitted by law. I accept that this includes exclusion of liability for negligence (other than for death or personal injury) and all indirect or consequential loss or loss of profits arising from my participation in the tournament.
- Photography and filming. GKR Karate permits the photography and filming of competitors in tournaments. It is a condition for acceptance in the competition that the competitor consents to the occurrence of such photography and filming.

Signature: _____ Parent's signature: _____
(If under 18 years of age)



REGIONAL TOURNAMENT

Sunday March 28th
Epping Full Time Dojo
160 Jersey Drive, Epping

5 - 13yo Divisions 12pm Start
14+yo Divisions 2:30pm Start

Competitor Entry Fees: first event \$25, \$10 each subsequent event
Spectators: Adult \$5, Child \$3 (Family Pass \$15)

Closing date for entries: Thursday 25th of March
(NO ENTRIES ACCEPTED AFTER THE ABOVE DATE)

All fees are strictly non refundable

KATA

- Each competitor will compete in 3 bouts. 8th to 7th kyu competitors may perform any kata and can repeat that kata all 3 times if they wish. 6th kyu -4th kyu competitors must do at least 2 different kata over the 3 rounds (ie: they can repeat a kata once). 3rd kyu+ competitors must do a different kata each round.
- Each flag awarded to a competitor is recorded as one point. If a competitor wins their Kata bout then an additional bonus point is also added to their tally for that bout.
- Team Kata: Knock-out format ie: winning team moves on to the next round and the losing team bows out of the competition unless they are required to compete again in the event of establishing a third place

KUMITE

- Each competitor will fight three two minute bouts or to a maximum of three full points. The two minute duration will be continuous.
- The winner of each bout will receive one point. In addition to this, the total points scored by both the winner and the loser in each bout will be recorded and will form part of their running score/tally. The cumulative scores from the 3 bouts are added up for each competitor, and the top 3 scores are awarded medals.
- Team Kumite: Knock-out format ie: winning team moves on to the next round and the losing team bows out of the competition unless they are required to compete again in the event of establishing a third place.

Competitors Safety Equipment Is Compulsory For Kumite

Gloves (IGKF/WKF approved only). Either red or blue is acceptable, except in Open divisions where competitors will require both colours.

Shin Protectors and Mouth Guards must be worn by all competitors. Groin Guards for all male competitors are compulsory. Chest Guards are compulsory for all female competitors from 12 yrs+.

- NB:**
1. Competitor to keep this page for tournament details.
 2. Competitor must hand in entry form along with fees to instructor.