



GKR KARATE



The first tournament for 2020 was held Sunday the 1st of March. 183 competitors from regions 5, 7 and 30 all joined together to make an eventful day, with some fantastic karate on display, and new friendships formed.



JUNIORS

KATA

KUMITE

7yrs & Under 8-7th Kyu Combined

GOLD	KESTER EWING R5
SILVER	EDDIE LI R5
BRONZE	NOAH BOWES R30

GOLD	KESTER EWING R5
SILVER	MINGKUN CHEN R5
BRONZE	ABULFAZL BAHRAMI R5

7yrs & Under 6-4th Kyu Combined

GOLD	HARRISON MONTGOMERY R5
SILVER	KIMAANSHA ALHARYA R5
BRONZE	KYRA MULDER R5

GOLD	HARRISON MONTGOMERY R5
SILVER	KIMI DUN R7
BRONZE	KYRA MULDER R5

8-9 Yrs 8-7th Kyu Male

GOLD	VIHAS SOMARATNE R5
SILVER	
BRONZE	

GOLD	VIHAS SOMARATNE R5
SILVER	
BRONZE	

8-9 Yrs 8-7th Kyu Female

GOLD	JOSIKA KOTTAMASV R7
SILVER	MEHKEERAT DHALI WAL R7
BRONZE	MARYANNA ANTONIOU R7

GOLD	MARYANNA ANTONIOU R7
SILVER	JOSIKA KOTTAMASV R7
BRONZE	

8-9 Yrs 6-4th Kyu Male

GOLD	YUSUF AZIMY R5
SILVER	JACOB LILLECRAPP R30
BRONZE	JAYDEN JACOB R5

GOLD	YUSUF AZIMY R5
SILVER	JERIC CANO R5
BRONZE	JACOB LILLECRAPP R30

8-9 Yrs 6-4th Kyu Female

GOLD	MARLEY DE GUZMAN R5
SILVER	NATALIA MARCIC R5
BRONZE	NATALIE HOCKING R7

GOLD	MIA GIANNOPOLOUS R5
SILVER	MARLEY DE GUZMAN R5
BRONZE	NATALIA MARCIC R5

10-11 Yrs 8-7th Kyu Male

GOLD	IBRAHIM IBRAHIM R5
SILVER	OMID HUSSAINI R5
BRONZE	TOBY MICALLEF R7

GOLD	IBRAHIM IBRAHIM R5
SILVER	RANINDER SINGH BAMRAH R5
BRONZE	OMID HUSSAINI R5

10-11 Yrs 8-7th Kyu Female

GOLD	ERIN CHANEL MITCHELL R7
SILVER	NARGIS BAHRAMI R5
BRONZE	SITRA HUSSAINI R7

GOLD	ERIN CHANEL MITCHELL R7
SILVER	SITRA HUSSAINI R7
BRONZE	NARGIS BAHRAMI R7

10-11 Yrs 6-4th Kyu Male

GOLD	SARANTA SHARMA R5
SILVER	RONAN MONTGOMERY R5
BRONZE	WAL-JOSHUA DEIWAL R5

GOLD	SARANTA SHARMA R5
SILVER	RONAN MONTGOMERY R5
BRONZE	MITCHELL PEACOCK R5

KATA**KUMITE****10-11 Yrs 6-4th Kyu Female**

GOLD	GABRIELLA MILOSEVIC R7
SILVER	NELOOFA SHAHI R7
BRONZE	ANGELA AZIMY R5

GOLD	NELOOFA SHAHI R7
SILVER	ANGELA AZIMY R5
BRONZE	GABRIELLA MILOSEVIC R7

10-11 Yrs 3rd Kyu & Above Male

GOLD	AMEER BUX R5
SILVER	PATRICK HEROK R5
BRONZE	AREF ABDOUL HAK R5

GOLD	AREF ABDOUL HAK R5
SILVER	PATRICK HEROK R5
BRONZE	

10-11 Yrs 3rd Kyu & Above Female

GOLD	AALIYAH HEATHER R5
SILVER	RYLEE MCCORMACK R5
BRONZE	LOCHINI BADUGE R5

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SILVER	RYLEE MCCORMACK R5
BRONZE	LOCHINI BADUGE R5

12-13 Yrs 8-7th Kyu Male

GOLD	SAJOAN PRIYATHARSAN R5
SILVER	SHAVIN SIVABALASEELAN R5
BRONZE	JEOFF RAMOS R7

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SILVER	SAJOAN PRIYATHARSAN R5
BRONZE	JEOFF RAMOS R7

12-13 Yrs 8-7th Kyu Female

GOLD	AMY ZHANG R5
SILVER	HANA GROVES R30
BRONZE	EMILY YOUD R30

GOLD	LAUREN HERBERT R5
SILVER	
BRONZE	

12-13 Yrs 6-4th Kyu Male

GOLD	WEAN-YANG DEIWAL R5
SILVER	FILIP DOTIC R30
BRONZE	HAYDEN BOWES R30

GOLD	WEAN-YANG R5
SILVER	DYLAN POOL R30
BRONZE	BAILEY SUTHERLAND R7

12-13 Yrs 6-4th Kyu Female

GOLD	CHELSEA MCCORMACK R5
SILVER	PAIGE MADDICK R30
BRONZE	SOPHIE KERR R30

GOLD	CHELSEA MCCORMACK R5
SILVER	KRISTINA BENKOVA R5
BRONZE	SPHIE KERR R30

12-13 Yrs 3rd Kyu & Above Male

GOLD	CALLEN MONTGOMERY R5
SILVER	CHRIS ANGELODEMOU R5
BRONZE	CALEB LYN R5

GOLD	CHRIS ANGELODEMOU R5
SILVER	CALLEN MONTGOMERY R5
BRONZE	CALEB LYNN R5

12-13 Yrs 3rd Kyu & Above Female

GOLD	OLIVIA TAYLOR R5
SILVER	ANGELINA MARICIC R5
BRONZE	EMRA JALACEVIC R7

GOLD	ANGELINA MARICIC R5
SILVER	OLIVIA TAYLOR R5
BRONZE	MACKENZIE DANDO R7

14-15 Yrs 8-7th Kyu Male

GOLD	RITCHIE THOR R7
SILVER	DEV PATEL R5
BRONZE	

GOLD	DEV PATEL R5
SILVER	RITCHIE THOR R7
BRONZE	

KATA**KUMITE****14-15 Yrs 8-7th Kyu Female**

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

14-15 Yrs 6-4th Kyu Male

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

14-15 Yrs 6-4th Kyu Female

GOLD	KEIRA PANAYI R7
SILVER	KINULI HANSIMA RANAWEER R5
BRONZE	

GOLD	KEIRA PANAYI R7
SILVER	KINULI HANSIMA RANAWEER R5
BRONZE	

14-15 Yrs 3-1st Kyu Male

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

14-15 Yrs 3-1st Kyu Female

GOLD	GABRIELE MARTIN-RICO R30
SILVER	MEENU SHANMUGALINGM R7
BRONZE	

GOLD	GABRIELE MARTIN-RICO R30
SILVER	MEENU SHANMUGALINGM R7
BRONZE	

16-17 Yrs 8-7th Kyu Male

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

16-17 Yrs 8-7th Kyu Female

GOLD	AMINA AHMADI R5
SILVER	KASEY DRISCOLL R7
BRONZE	

GOLD	AMINA AHMADI R5
SILVER	
BRONZE	

16-17 Yrs 6-4th Kyu Male

GOLD	GRANT HERBERT R5
SILVER	
BRONZE	

GOLD	GRANT HERBERT R5
SILVER	
BRONZE	

16-17 Yrs 6-4th Kyu Female

GOLD	SARA KASSAMANI R5
SILVER	
BRONZE	

GOLD	ARA KASSAMANI R5
SILVER	
BRONZE	

KATA**KUMITE****16-17 Yrs 3-1st Kyu Male**

GOLD	JOHN LAWTEY JR R5
SILVER	CAMERON LAMBIE R5
BRONZE	KASE BEAUCHAMP R5

GOLD	CAMERON LAMBIE R5
SILVER	JOHN LAWTEY JNR R5
BRONZE	KASE BEAUCHAMP R5

16-17 Yrs 3-1st Kyu Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Junior Open Male (14 – 17 Yrs)

GOLD	NOAH HEATHER R5
SILVER	HARRY PHILLIPS R7
BRONZE	GABRIEL ROMULO R5

GOLD	NOAH HEATHER R5
SILVER	HARRY PHILLIPS R7
BRONZE	CAMERON TAYLOR R5

Junior Open Female (14 – 17 Yrs)

GOLD	MEGAN CATT R30
SILVER	
BRONZE	

GOLD	MEGAN CATT R30
SILVER	
BRONZE	

SENIORS

KATA

18-34 Yrs Incl. 8-7th Kyu Male

GOLD	THOMAS PUTAI R5
SILVER	
BRONZE	

GOLD	THOMAS PUTAI R5
SILVER	DANE ANDERSON R7
BRONZE	

18-34 Yrs Incl. 8-7th Kyu Female

GOLD	JENNY NGUYEN R5
SILVER	EMILY HANSEN R7
BRONZE	

GOLD	JENNY NGUYEN R5
SILVER	EMILY HANSEN R7
BRONZE	

18-34 Yrs Incl. 6-4th Kyu Male

GOLD	JYE ROBINSON R7
SILVER	
BRONZE	

GOLD	JYE ROBINSON R7
SILVER	
BRONZE	

18-34 Yrs Incl. 6-4th Kyu Female

GOLD	STEPHANIE DODKINS R30
SILVER	NICHOLA JUDD R5
BRONZE	LARENA WILLSON R30

GOLD	KYLIE PAJEWSKI R30
SILVER	STEPHANIE DODKINS R30
BRONZE	NICHOLA JUDD R30

18-34 Yrs Incl. 3rd Kyu & Above Male

GOLD	YOHANES PRASETYO R7
SILVER	JOSHUA HARTER R7
BRONZE	ARDEL MOORE R7

GOLD	YOHANESS PRASETYO R7
SILVER	ARDEL MOORE R7
BRONZE	JOSHUA HARTER R7

18-34 Yrs Incl. 3rd Kyu & Above Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Instructor Male

GOLD	JASON MONTGOMERY R5
SILVER	SAM LYNN R5
BRONZE	STEPHEN WILLIAMS R7

GOLD	JASON MONTGOMERY R5
SILVER	SAM LYNN R5
BRONZE	PETER ZUTENIS R5

Instructor Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Open Black Belt Male (18 Yrs & Over)

GOLD	DANIEL ZIVANOV R7
SILVER	MICKEY WONG R7
BRONZE	JAKE ADDERLEY R30

GOLD	DANIEL ZIVANOV R7
SILVER	WAYNE PHILLIPS R7
BRONZE	STUART PESUDOVS R30

Open Black Belt Female (18 Yrs & Over)

GOLD	GRACE EMPTAGE R7
SILVER	MARY PERKOVIC R5
BRONZE	CINDY MULDER R5

GOLD	CINDY MULDER R5
SILVER	JODIE DONNELLON R5
BRONZE	MARY PERKOVIC R5

VETERANS

KATA

KUMITE

Veteran (35-44 Yrs Incl.) 8-7th Kyu Male

GOLD	MESSUTE MEMIS R7
SILVER	ALBERT ZHANG R5
BRONZE	ANDRE MITCHELL R7

GOLD	ANDRE MITCHELL R7
SILVER	TONY ANTONIOU R7
BRONZE	MESSUTE MEMIS R7

Veteran (35-44 Yrs Incl.) 8-7th Kyu Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Veteran (35-44 Yrs Incl.) 6-4th Kyu Male

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Veteran (35-44 Yrs Incl.) 6-4th Kyu Female

GOLD	MIKAELA KOIA R30
SILVER	KIM DUNSMORE R30
BRONZE	ISHRAT JAHAN R30

GOLD	KIM DUNSMORE R30
SILVER	MIKAELA KOIA R30
BRONZE	

Veteran (35-44 Yrs Incl.) 3rd Kyu & Above Male

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Veteran (35-44 Yrs Incl.) 3rd Kyu & Above Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Snr Veteran (45 To 54 Yrs Incl.) 8-7th Kyu Male

GOLD	SAM AL-DABBAGH R7
SILVER	ARGY PAKTITIS R7
BRONZE	PAUL GROVES R30

GOLD	PAUL GROVES R30
SILVER	SAM AL-DABBAGH R7
BRONZE	

Snr Veteran (45 To 54 Yrs Incl.) 8-7th Kyu Female

GOLD	JUDE YOUD R30
SILVER	KATHLEEN SCOTT R30
BRONZE	

GOLD	JUDE YOUD R30
SILVER	KATHLEEN SCOTT R30
BRONZE	

Snr Veteran (45 To 54 Yrs Incl.) 6-4th Kyu Male

GOLD	LOEL BONGON R7
SILVER	
BRONZE	

GOLD	LOEL BONGON R7
SILVER	PAUL LAWRENCE R7
BRONZE	

KATA**KUMITE****Snr Veteran (45 To 54 Yrs Incl.) 6-4th Kyu Female**

GOLD	BEATRICE GILL-CHEVALLIER R30
SILVER	CASSANDRA DUNCAN R7
BRONZE	JULIE KNOWLES R5

GOLD	JULIE KNOWLES R5
SILVER	BEATRICE GILL-CHEVALLIER R30
BRONZE	CASSANDRA DUNCAN R7

Snr Veteran (45 To 54 Yrs Incl.) 3rd Kyu & Above Male

GOLD	JEREMY LABROOY R7
SILVER	DAVID TINDAL R5
BRONZE	NELLO TRAFIZANTE R5

GOLD	NELLO TRAFIZANTE R5
SILVER	DAVID TINDAL R5
BRONZE	PATRICK POSSET R5

Snr Veteran (45 To 54 Yrs Incl.) 3rd Kyu & Above Female

GOLD	LINDA PESUDOVS R30
SILVER	JENNIFER SIEVERS R8
BRONZE	

GOLD	LINDA PESUDOVS R30
SILVER	JENNIFER SIEVERS R8
BRONZE	

Snr Veteran (55 Yrs Plus) 8-7th Kyu Male

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Snr Veteran (55 Yrs Plus) 8-7th Kyu Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Snr Veteran (55 Yrs Plus) 6-4th Kyu Male

GOLD	JOHN LAWTEY R5
SILVER	IAN HALLET R5
BRONZE	DAVID PURVIS R7

GOLD	JAMES KERR R30
SILVER	DOUG SPRINGALL R7
BRONZE	IAN HALLET R5

Snr Veteran (55 Yrs Plus) 6-4th Kyu Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Snr Veteran (55 Yrs Plus) 3rd Kyu & Above Male

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Snr Veteran (55 Yrs Plus) 3rd Kyu & Above Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

TEAMS

KATA

KUMITE

Senior Team Male (18 Yrs Plus)

GOLD	WAYNE PHILLIPS R7
	HARRY PHILLIPS R7
	MICKEY WONG R7

SILVER	LINDA PESUDOVS R30
	EMILY ADDERLEY R30
	KIM DUNSMORE R30

BRONZE	JOHN LAWTEY R5
	DAVID TINDAL R5
	KASE BEAUCHAMP R5

GOLD	
SILVER	
BRONZE	

Senior Team Female (18 Yrs Plus)

GOLD	

SILVER	

BRONZE	

GOLD	
SILVER	
BRONZE	

KATA

Junior Team (Under 18 Yrs) 8-4th Kyu

GOLD	ANGELINA MARICIC R5
	ZITINIA LOPEZ R5
	OLIVIA TAYLOR R5

SILVER	BEN DUGGAN R7
	NATALIE HOCKING R7
	KAYLEE DUGGAN R7

BRONZE	AALIYAH FROST R7
	TYLER VOSS R7
	JASMINE PHILLIPS R7

GOLD	
SILVER	
BRONZE	

Junior Team (Under 18 Yrs) 3rd Kyu & Above

GOLD	NATALIA MARICIC R5
	CHELSEA MCCORMACK R5
	MARLEY GUZMAN R5

SILVER	

BRONZE	

GOLD	
SILVER	
BRONZE	