

K5 TOURNAMENT

SATURDAY 14 DECEMBER

Ash Manor Sports Centre, manor Road, Ash, Aldershot GU12 6 QH

Name		Dojo
Please select your division	<u> </u>	
KATA 1, 5-10 YRS 8TH - 7TH KYU	PERFORMING 1st KATA	competitor limit 24
KATA 2, 11-17 YRS 8TH - 7th KYU	PERFORMING 1st KATA	competitor limit 24
KATA 3, 5-10 YRS 6TH - 4th KYU	PERFORMING KATA SAIFA	competitor limit 24
KATA 4, 11-17 YRS 6TH-4TH KYU	PERFORMING KATA SAIFA	competitor limit 24
KATA 5, 18 YRS + ALL GRADES	PERFORMING KATA SAIFA	competitor limit 24
KUMITE 1, 5-8YRS 8TH-7TH KYU	MALE AND FEMALE	competitor limit 12
KUMITE 2, 5-8YRS 6TH-4TH KYU	MALE AND FEMALE	competitor limit 12
KUMITE 3, 9-13YRS 8TH-4TH KYU	MALE	competitor limit 12
KUMITE 4, 9-13YRS 8TH-4TH KYU	FEMALE	competitor limit 12
KUMITE 5, 9-13 YRS 3RD KYU+	MALE	competitor limit 12
KUMITE 6, 9-13 YRS 3RD KYU+	FEMALE	competitor limit 12
KUMITE 7, 14-17YRS 8TH-4TH KYU	MALE	competitor limit 12
KUMITE 8, 14-17YRS 8TH-4TH KYU	FEMALE	competitor limit 12
KUMITE 9, 14-17YRS 3RD KYU+	MALE	competitor limit 12
KUMITE 10, 14-17YRS 3RD KYU+	FEMALE	competitor limit 12
KUMITE 11, 18YRS+	MALE	competitor limit 12
KUMITE 12, 18YRS+	FEMALE	competitor limit 12

KATA DIVISIONS ARE JUDGED VIA VOTING SYSTEM, THOSE VOTED THE BEST GO THROUGH TO THE NEXT ROUND. KUMITE IS 5 BOUTS GUARANTEED AND POINTS ADDED UP. THOSE WITH THE MOST POINTS WIN MEDALS!!!

Entry Fees: £10 for single event, £15 for 2 events Doors Open at 1.00pm, Events Start at 1.30pm

Safety Equipment Required: Red / Blue IGKF Gloves, White Leg Pads or Red / Blue IGKF Leg Protectors, Mouth Guard, Groin Guards for All Male and Chest Guards for All Female Competitors

THIS IS A ZERO CONTACT TOURNAMENT. THIS MEANS THAT EVEN A TOUCH CAN INCUR A PENALTY

Closing date for entries is Sunday 8th December. Please register with your Instructor at class



Tournament Declaration: 1) I am aware that participation in martials arts, including non-contact GKR tournaments, as with most sports contains the risk of injury 2) In consideration of my acceptance in the competition, I agree that GKR Karate, it's servants and agents and all persons involved in the organisation of the tournament shall be excluded from liability for loss and damage to the fullest extent permitted by law. I accept that this includes exclusion of liability for negligence (other than for death or personal injury) and all indirect or consequential loss or loss of profits arising from my participation in the tournament 3) Photography and filming. GKR Karate permits the photography and filming of competitors in tournaments. It is a condition for acceptance in the competition that the competitor consents to the occurrence of such photography and filming.