



GKRRKARATE

KARATE FOR EVERYONE

SW London Regional Titles

28th September 2019

GKR South West Regional Titles was held in Aldershot Garrison sports Centre. But this time we welcomed some competitors from Essex, Kent and London areas which made the event even more spectacular.

The day started with our amazing competitors from Black Belt Open divisions followed by all Kyu grades and finished with some stunning performances from Team divisions. The desire to win could be seen in each and every karate-ka; some getting ready before their division, some already in the rings showcasing their abilities and a few others watching and visualising themselves as the champions for their divisions.

A big number of lower grades were competing for the first time but the support they received from their parents, instructors and the officials was remarkable. Higher grade competitors also put some incredible display of true karate sportsmanship towards each other.

Even though we had a slow start but with the amazing team work from all the officials, we manage to successfully run all divisions and finished on time. I would like to thank each and every one of you who was involved. Well done to everyone who took part and massive congratulations to all the competitors who qualified for National Championship.

See you in Sheffield!

Best Regards
Asmat Nadiry



JUNIORS

KATA

KUMITE

7yrs & Under 8-7th Kyu Combined

GOLD	James Sarfas
SILVER	Oscar Meara
BRONZE	Hayden Williams

GOLD	Freya White
SILVER	Arrav Patel
BRONZE	Jaxson Colomb

7yrs & Under 6-4th Kyu Combined

GOLD	Jax Harmer
SILVER	
BRONZE	

GOLD	Jax Harmer
SILVER	
BRONZE	

7yrs & Under 3rd Kyu and above Combined

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

8-9 Yrs 8-7th Kyu Combined

GOLD	Timothy Elegbede
SILVER	William Bambrick
BRONZE	Shayan Patel

GOLD	Timothy Elegbede
SILVER	William Bambrick
BRONZE	Ronnie Turpin

8-9 Yrs 6-4th Kyu Combined

GOLD	Archie Fisher
SILVER	Chelsey Szymdt
BRONZE	Lenok Gurung

GOLD	Francesca D'Abreu-Whitmore
SILVER	Archie Fisher
BRONZE	Lenok Gurung

8-9 Yrs 3rd Kyu and above Combined

GOLD	Beatriz De Sousa
SILVER	
BRONZE	

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SILVER	
BRONZE	

10-11 Yrs 8-7th Kyu Male

GOLD	Joseph Shtfenji
SILVER	
BRONZE	

GOLD	Brady Foreman
SILVER	
BRONZE	

10-11 Yrs 8-7th Kyu Female

GOLD	Adrijaa Saikia
SILVER	Yusra Hosenie
BRONZE	Zainab Anwar

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SILVER	Adrijaa Saikia
BRONZE	Zainab Anwar

KATA**KUMITE****10-11 Yrs 6-4th Kyu Male**

GOLD	Adam Corcoran-Rumbold
SILVER	Keiran Williams
BRONZE	Aiden Booth

GOLD	Aiden Booth
SILVER	Nicholas Boorman
BRONZE	Aaron Razey

10-11 Yrs 6-4th Kyu Female

GOLD	Amelia Farnes
SILVER	Megan McGuire
BRONZE	Maia Woods

GOLD	Hannah Chandler
SILVER	Riley Chandler
BRONZE	Leekon Gurung

10-11 Yrs 3rd Kyu and above Male

GOLD	Ayden Rennals
SILVER	Daniel Farrenden
BRONZE	Harry Rumley

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SILVER	Daniel Farrenden
BRONZE	Harry Rumley

10-11 Yrs 3rd Kyu and above Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

12-13 Yrs 8-7th Kyu Male

GOLD	Noah Russell
SILVER	Alex Brock
BRONZE	

GOLD	Noah Russell
SILVER	Alex Brock
BRONZE	

12-13 Yrs 8-7th Kyu Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

12-13 Yrs 6-4th Kyu Male

GOLD	Freddie Dyer
SILVER	Cameron Vanags
BRONZE	Sohit Krishna Eeti

GOLD	Cameron Vanags
SILVER	Dylan Trotman
BRONZE	Gustaw Bogacz

12-13 Yrs 6-4th Kyu Female

GOLD	Jaden Smith
SILVER	Sophie Chandler
BRONZE	Alanna Plunkett

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SILVER	Sophie Chandler
BRONZE	Alanna Plunkett

12-13 Yrs 3rd Kyu and above Male

GOLD	Oscar Black
SILVER	Keiron Blake
BRONZE	Owen Free

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SILVER	Owen Free
BRONZE	Keiron Blake

KATA**KUMITE****12-13 Yrs 3rd Kyu and above Female**

GOLD	Diana Vitanova
SILVER	Skylar Garner
BRONZE	Sneha Pradeep

GOLD	Diana Vitanova
SILVER	Yashvi Patel
BRONZE	Gabrielle D'Abreu- Whitmore

14-15 Yrs 8-7th Kyu Male

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

14-15 Yrs 8-7th Kyu Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

14-15 Yrs 6-4th Kyu Male

GOLD	Etan Cooley
SILVER	Sam Lancaster
BRONZE	Harry Simms

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SILVER	Sam Lancaster
BRONZE	Harry Simms

14-15 Yrs 6-4th Kyu Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

14-15 Yrs 3-1st Kyu Male

GOLD	George Winsper
SILVER	Aiden McConnell
BRONZE	Luke Free

GOLD	Luke Free
SILVER	Aiden McConnell
BRONZE	George Winsper

14-15 Yrs 3-1st kyu Female

GOLD	Maddison De-Beaux
SILVER	Kelly Hill
BRONZE	Loiuse Harlow

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SILVER	Kelly Hill
BRONZE	Loiuse Harlow

16-17 Yrs 8-7th Kyu Male

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

16-17 Yrs 8-7th Kyu Female

GOLD	Pippa Boardman
SILVER	Anastasia Carter
BRONZE	

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SILVER	Anastasia Carter
BRONZE	

KATA**KUMITE****16-17 Yrs 6-4th Kyu Male**

GOLD	Mohyiddin Hosenie
SILVER	
BRONZE	

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SILVER	
BRONZE	

16-17 Yrs 6-4th Kyu Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

16-17 Yrs 3-1st Kyu Male

GOLD	Jack Pearce
SILVER	Joshua Fuller
BRONZE	

GOLD	Joshua Fuller
SILVER	Jack Pearce
BRONZE	

16-17 Yrs 3-1st Kyu Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

JUNIOR OPEN MALE (14-17 YRS)

GOLD	Keiron Duncan
SILVER	Daniel Palmer
BRONZE	Oliver Loake

GOLD	James Shaw
SILVER	Keiron Duncan
BRONZE	Daniel Palmer

JUNIOR OPEN FEMALE (14-17 YRS)

GOLD	Jessica Tomkinson
SILVER	Alexandra Duncan
BRONZE	

GOLD	Jessica Tomkinson
SILVER	
BRONZE	

SENIORS

KATA

KUMITE

18-34 Yrs Incl. 8-7th Kyu Male

GOLD	Navin Kumar
SILVER	Robert Pollock
BRONZE	

GOLD	Gian Hernandez
SILVER	Navin Kumar
BRONZE	Robert Pollock

18-34 Yrs Incl. 8-7th Kyu Female

GOLD	Donna Nuttal
SILVER	Mary Crawley
BRONZE	

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SILVER	Mary Crawley
BRONZE	

18-34 Yrs Incl. 6-4th Kyu Male

GOLD	Jake Crowdey
SILVER	Craig-Lee Richards
BRONZE	

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SILVER	Craig-Lee Richards
BRONZE	

18-34 Yrs Incl. 6-4th Kyu Female

GOLD	Wendy Wyatt
SILVER	
BRONZE	

GOLD	Wendy Wyatt
SILVER	
BRONZE	

18-34 Yrs Incl. 3rd Kyu and Above Male

GOLD	Karl Wingvist
SILVER	Thomas Pearce
BRONZE	James Page

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SILVER	Thomas Pearce
BRONZE	James Page

18-34 Yrs Incl. 3rd Kyu and Above Female

GOLD	Daniella De Sousa
SILVER	Holly Kirwan
BRONZE	Alice Elizabeth Fuller

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SILVER	Alice Elizabeth Fuller
BRONZE	

KATA**KUMITE****Instructor Male**

GOLD	Andrew Lee
SILVER	Simon Krycler
BRONZE	

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SILVER	
BRONZE	

Instructor Female

GOLD	Lisa Clark
SILVER	
BRONZE	

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SILVER	
BRONZE	

Open Black Belt Male (18 Yrs & Over)

GOLD	Thomas Colwill
SILVER	Jake Malcolm
BRONZE	

GOLD	Thomas Colwill
SILVER	Jake Malcolm
BRONZE	

Open Black Belt Female (18 Yrs & Over)

GOLD	Kyra Gaiger
SILVER	Becky Andrewartha
BRONZE	Bianca Cohen

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SILVER	Bianca Cohen
BRONZE	

VETERANS

KATA

KUMITE

Veteran (35-44 Yrs Incl.) 8-7th Kyu Male

GOLD	Douglas Bambrick
SILVER	Paul Mitchelmore
BRONZE	Geoffrey Sables

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SILVER	Geoffrey Sables
BRONZE	Shane Bartlam

Veteran (35-44 Yrs Incl.) 8-7th Kyu Female

GOLD	Cheryl Bridges
SILVER	Linda Micallef Worley
BRONZE	

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SILVER	Linda Micallef Worley
BRONZE	

Veteran (35-44 Yrs Incl.) 6-4th Kyu Male

GOLD	Steve Gannon
SILVER	Rafal Bogacz
BRONZE	Serhiy Chykharyvskyy

GOLD	Serhiy Chykharyvskyy
SILVER	Dan Fisher
BRONZE	Lee Foreman

Veteran (35-44 Yrs Incl.) 6-4th Kyu Female

GOLD	Jessica Wernham
SILVER	Samantha Green
BRONZE	Keely White

GOLD	Samantha Green
SILVER	Keely White
BRONZE	Sarah Leach

Veteran (35-44 Yrs Incl.) 3rd Kyu and Above Male

GOLD	Elvis McCarthy
SILVER	Mathew Owen
BRONZE	Wayne Smy

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SILVER	Elvis McCarthy
BRONZE	Mathew Owen

Veteran (35-44 Yrs Incl.) 3rd Kyu and Above Female

GOLD	Theresa Corcoran
SILVER	Alison Parfitt
BRONZE	Sarah Boorman

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SILVER	Theresa Corcoran
BRONZE	Alison Parfitt

Snr Veteran (45-54 Yrs Incl.) 8-7th Kyu Male

GOLD	Jason Colomb
SILVER	Michael Swain
BRONZE	

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SILVER	Jason Colomb
BRONZE	

Snr Veteran (45-54 Yrs Incl.) 8-7th Kyu Female

GOLD	Joanne Eason
SILVER	Carol Caswill
BRONZE	

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SILVER	
BRONZE	

KATA**KUMITE****Snr Veteran (45-54 Yrs Incl.) 6-4th Kyu Male**

GOLD	Anthony In't Veld Brown
SILVER	
BRONZE	

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SILVER	
BRONZE	

Snr Veteran (45-54 Yrs Incl.) 6-4th Kyu Female

GOLD	Petra In't Veld Brown
SILVER	Stella Swain
BRONZE	

GOLD	Petra In't Veld Brown
SILVER	
BRONZE	

Snr Veteran (45-54 Yrs Incl.) 3rd Kyu and Above Male

GOLD	Nick Tokely
SILVER	Andy Downing
BRONZE	Karl Gillians

GOLD	Nick Tokely
SILVER	Elliot Howell
BRONZE	John Pickup

Snr Veteran (45-54 Yrs Incl.) 3rd Kyu and Above Female

GOLD	Serena Taplin
SILVER	Tracy Smith
BRONZE	Zoe Holdsworth

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SILVER	Serena Taplin
BRONZE	Tracy Smith

Snr Veteran (55 Yrs Plus) 8-7th Kyu Male

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Snr Veteran (55 Yrs Plus) 8-7th Kyu Female

GOLD	
SILVER	
BRONZE	

GOLD	
SILVER	
BRONZE	

Snr Veteran (55 Yrs Plus) 6-4th Kyu Male

GOLD	David Sidley
SILVER	Philip Buddin
BRONZE	

GOLD	David Sidley
SILVER	Eric Casey
BRONZE	Philip Buddin

Snr Veteran (55 Yrs Plus) 6-4th Kyu Female

GOLD	Chrissy Davies
SILVER	
BRONZE	

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SILVER	
BRONZE	

KATA**KUMITE****Snr Veteran (55 Yrs Plus) 3rd Kyu and Above Male**

GOLD	Steve Walters
SILVER	Derek Cobb
BRONZE	Tony Braiden

GOLD	Curtis Malcolm
SILVER	Tony Braiden
BRONZE	Paul Watson

Snr Veteran (55 Yrs Plus) 3rd Kyu and Above Female

GOLD	Mary Pitt
SILVER	Sharon Rendle
BRONZE	Anne Sadler

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SILVER	Anne Sadler
BRONZE	Mary Pitt

TEAMS

KATA**KUMITE****Senior Team Male (18 Yrs Plus)**

GOLD	Simon Krycler
	Thomas Colwill
	Tony Braiden

SILVER	

BRONZE	

GOLD	Curtis Malcolm
	Jake Malcolm
	Nick Tokely

SILVER	

BRONZE	

Senior Team Female (18 Yrs Plus)

GOLD	Kyra Gaiger
	Bianca Cohen
	Holly Kirwan

SILVER	

BRONZE	

GOLD	Sarah Boorman
	Mary Pitt
	Anne Sadler

SILVER	

BRONZE	

KATA**KUMITE**

Junior Team (Under 18 Yrs) 8-4th Kyu

GOLD	Sophie Chandler
	Hannah Chandler
	Riley Chandler

GOLD	

SILVER	Nicholas Boorman
	Cameron Vanags
	Nathan Vanags

SILVER	

BRONZE	Ellie Foreman
	Aya Shah
	Ayla Shah

BRONZE	

Junior Team (Under 18 Yrs) 3Rd Kyu & Above

GOLD	Jessica Tomkinson
	Diana Vitanova
	Louise Harlow

GOLD	

SILVER	Luke Free
	Owen Free
	Maddison De-Baux

SILVER	

BRONZE	Sneeha Pradeep
	Jamiee McMillan
	Evie Malden

BRONZE	