



GO-KAN-RYU KARATE-DO NSW BLACK BELT CAMP 2019

Conducted by **Kancho Robert Sullivan**
Shihan Gavin Samin & Shihan Anthony Ryan

Join us for 10 hours of dedicated karate training that will take your karate to the next level. We will be covering principles of movement, kata technique and application, kumite drills and much more. Open to all GKR Karate Instructors and Brown/Black belt students (15 years plus).

Sat 28th & Sun 29th September 2019

**Whitlam Leisure Centre,
90 Memorial Ave, Liverpool**

Saturday - Training 9.00am - 12.00pm
Training 2.00pm - 5.00pm

Sunday - Training 9.00am - 1.00pm

We have removed the accommodation component for this camp to make attendance more affordable and convenient. For those wanting to stay nearby, here are some accommodation suggestions:

Mecure Sydney Liverpool

424-458 Hoxton Park Rd, Liverpool
(Mention GKR Karate – receive 12% discount)

Best Western Casula Motor Inn

667 Hume Highway, Casula
Contact Joseph or Mary and mention GKR Karate

Quest Liverpool (Serviced Apartments)

39 Scott Street, Liverpool

Cost \$125pp

Includes 10 hours karate training + BBQ lunch on Saturday & Sunday

Day Rates

\$90 Saturday (Includes BBQ lunch)

\$60 Sunday (Includes BBQ lunch)

* Training fee does not include accommodation

BLACK BELT CAMP TEE

Available in Small to 3XL

Tee's are available to order when you register by the 8th September 2019

and will be delivered to you at the camp. Tee's are not available to order if registering after the 8th September 2019.



Name: _____ D.O.B.: ____ / ____ / ____ Mobile Number: _____

Email: _____ Dietary Requirements: _____

T-Shirt Size: S M L XL 2XL 3XL I am not purchasing a T-shirt

PLEASE CHARGE MY CARD VISA MASTERCARD

Credit Card Number

Expiry Date

CVV

Name on Card: Signature: Amount: \$