



# GO-KAN-RYU KARATE-DO BLACK BELT CAMP 2019

Conducted by **Shihan Gavin Samin** (Assistant Chief Instructor)  
**Sensei Bob McCracken** (UK National Director)

- *Two days (12 hours) of dedicated karate training!*
- *Principles of movement, Kata technique + Bunkai, Kumite drills and much more.*
- *This is a must for all Instructors as well as all students 3rd Kyu & above (12 yrs+)*
- *Includes Saturday night party with dinner, dancing and entertainment.*
- *Includes a one off commemorative T-Shirt*
- *Be the envy of your class mates and join the elite group of Senior Students for a great weekend.*

*Note: Students under the age of 18 must be accompanied by an adult/guardian.*

**Friday 30th & Saturday 31st August  
& Sunday 1st September 2019**

**Keele University  
Keele, Newcastle ST5 5BG**

- Friday - Check in from 5.00pm
- Saturday - Check in from 9.30pm  
Training 10.30am - 1.30pm  
Training 3.00pm - 6.00pm  
Dinner & DJ 8.00pm - 12am
- Sunday - Check out by 9.30am  
Training 10.00am - 12.30pm  
Training 2.00pm - 4.30pm

**2 night Accommodation  
(Fri/ Sat) £200**

This includes all training, Friday B&B, Saturday/ Sunday Full Board. Also includes commemorative camp t-shirt.

**1 night Accommodation  
(Sat Only) £160**

This includes all training, Saturday/ Sunday Full Board and commemorative camp t-shirt.



**£10**

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## **BLACK BELT CAMP TEE**

Available in Small to 3XL

*Tee's are available online to order, when you register by the 16th August 2019 and will be delivered to you at the camp. Tee's are not available to order if registering after the 16th August 2019.*

Spaces are limited. Book your place online at [gkrkarateshop.co.uk](http://gkrkarateshop.co.uk)

Registration closes **SUNDAY 18TH AUGUST 2019**