



GO-KAN-RYU KARATE-DO

TAS BLACK BELT CAMP 2019

Conducted by

Shihan Anthony Ryan (Snr Instructor / International Director of Coaching)

Join us for 10 hours of dedicated karate training that will take your karate to the next level. We will be covering principles of movement, kata technique and application, kumite drills and much more. Open to all GKR Karate Instructors and Brown/Black belt students (15 years plus).

**Friday 17th, Saturday 18th,
and Sunday 19th May 2019**

Spring Beach Youth Camp
138 Happy Valley Rd, Spring Beach

- Friday - Check in from 6.00pm
Dinner (Pizza)
- Saturday - Training 9.00am - 12.00pm
Training 2.00pm - 5.00pm
- Sunday - Training 9.00am - 1.00pm
Final Lunch 1.30pm then depart camp

Cost \$245pp

Includes all meals (from Saturday breakfast to Sunday lunch), Saturday and Sunday training, and accommodation for Friday and Saturday night. Please bring sleeping bag, pillow & cutlery.

BLACK BELT CAMP TEE

Available in Small to 3XL

Tee's are available to order when you register by the 28th April 2019 and will be delivered to you at the camp. Tee's are not available to order if registering after the 28th April 2019.



Name: _____ D.O.B.: ____ / ____ / ____ Mobile Number: _____

Email: _____ Dietary Requirements: _____

T-Shirt Size: S M L XL 2XL 3XL I am not purchasing a T-shirt

PLEASE CHARGE MY CARD VISA MASTERCARD

Credit Card Number

Expiry Date

CVV

Name on Card: Signature: Amount: \$

Forms are to be completed and handed to your Instructor.
Registration closes **SUNDAY 12TH MAY 2019**