



TOURNAMENT PREPARATION

WITH SENSEI CASSIUS, CHRISTIAN, AINSLEE, GRANT AND SIMON

The Central Auckland Hub invites you to come and prepare for the upcoming Auckland tournament. Training will focus on tournament etiquette, ring craft and personal preparation to help you gain confidence and skills in competition.

SATURDAY 4 MAY 3.00 - 4.30pm
Bailey Rd School, Bailey Rd, Mt Wellington

Cost: Direct Debit & Training Passes apply ▪ Yellow belt and above
Please bring all protective equipment with you



GKR KARATE
STRONG • HUMBLE • BRAVE



Tournament Preparation ▪ Pre-booking

Students Name:

Instructors Signature: Date:.....

Please note: this slip is to be completed and returned to your Instructor with your payment.
Seminars and Special Classes are strictly non-refundable.