



CHRISTMAS BEACH CLASS

WITH SENSEI FRANCIS & THE REGION 14 INSTRUCTORS

Come along for some beach training fun followed by our Student of Year Awards presentation and a sausage sizzle. Don't miss our last big event of the year!

SUNDAY 16 DECEMBER 8.00am start

**Nobbys Beach
Nobbys Road, Newcastle**

Cost: Direct Debit and Training Passes (PTF) apply ▪ All ages and grades welcome
Pre book below to secure your Sausage Sizzle & drink after training



GKR KARATE
STRONG • HUMBLE • BRAVE



Christmas Beach Class ▪ Pre-booking payment

Students Name: BBQ Qty:.....

Instructors Signature:

Please note: this slip is to be completed and returned to your Instructor.